

Nuneaton & Bedworth Swimming Club

Spring “Qualifying” Open Meet

Affiliated to ASA West Midland Region and Warwickshire ASA
(Under ASA Laws and ASA Technical Rules of Swimming)

Saturday 27th & Sunday, 28th March 2010

EVENT: This Meet has been Licensed L2 (2WM0036) by the ASA for Entry into Regional and National Competitions.

VENUE: The Meet will take place at the Pingles Pool, Avenue Road, Nuneaton, Warwickshire. CV11 4LX.

DATE: **Saturday 27th and Sunday 28th March, 2010.** There are two sessions each day:
Session 1 & 3 - 9.00 am warm-up, 10.00 am start
Session 2 & 4 - time to be determined
Session duration - All Sessions approximately 2½ - 3hours respectively

POOL **All distances for this Open Meet will be 100m & 200m (Heat Declared Winner).**
25metre 8 lane Pool with anti-turbulence lane ropes. Electronic timing with 10-line scoreboard is to be used in conjunction with a computerised result service.

AGE GROUPS: The competition is open to eligible competitors as defined by ASA Laws in the following age groups: 9/10 years, 11/12 years, 13/14 years, 15 years & over (ages as at Midnight, 28th March, 2010). **ASA event entry conditions for age group swimming will be applied.**

SCHEDULE OF EVENTS:

Saturday, 27th March, 2010		Sunday, 28th March, 2010	
Event No	Event	Event No	Event
Session 1		Session 3	
1	Boys' 200m Freestyle	10	Girls' 200m Backstroke
2	Girls' 100m Backstroke	11	Boys' 100m Freestyle
3	Boys' 100m Breaststroke	12	Girls' 100m Butterfly
4	Girls' 200m Butterfly	13	Boys' 200m Breaststroke
5	Boys' 200m Individual Medley	14	Girls' 200m Individual Medley
Session 2		Session 4	
6	Girls' 100m Freestyle	15	Boys' 200m Butterfly
7	Boys' 100m Butterfly	16	Girls' 200m Freestyle
8	Girls' 200m Breaststroke	17	Boys' 100m Backstroke
9	Boys' 200m Backstroke	18	Girls' 100m Breaststroke

Meet Information

SEEDING: All events will be seeded in time classification, the slowest competitors being in the first heat.

POOLSIDE: Maximum of Two Pool side Officials per Club per session. Coaches' passes can only be obtained by an affiliated Club at £15.00 per day or £25 per weekend. Passes may only be purchased through the swimmers named club. Coaches Pass Includes Lunch.

CRB Check It is the responsibility of the Club applying for coach pass to ensure their team manager and coach is CRB checked and named on the Club's application form. Poolside passes will only be issued to those named by their club.

WARM-UP: The pool will be available for a warm-up during the 1 hour prior to the start of each session.

Stewarding: It is the responsibility of Team Managers and Coaches to ensure that their competitors report to the Stewards in time for the start of their race. NBSC reserve the right to use vacant slots within the programme for time-trials for its own swimmers.

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All participants and spectators must observe the safety precautions in operation at the Pingles Pool and must be aware that the use of cameras and camcorders of any kind is not allowed within the building including mobile phones with inbuilt cameras. Official meet photographer may be appointed by the promoter

Neither Nuneaton & Bedworth Swimming Club nor Nuneaton & Bedworth Leisure Trust can be held responsible for loss or damage to spectators' or competitors' property. Competitors are advised to use the lockers in the changing rooms and not to leave belongings lying around unattended.

OFFICIALS: Officials will be from Regional lists. We always welcome Officials who may be accompanying competitors.

REFRESHMENTS: Cafeteria plus hot and cold drinks and snacks machines available.

AWARDS: The competitors placed 1st, 2nd & 3rd in each individual event in each age group will receive awards (HDW).

ENTRIES:

1. All competitors must be eligible as defined under ASA Laws and may enter events only in their age group.
2. All competitors must be registered with the ASA.
3. Competitors diving into the pool must have reached the standard of the ASA Competitive Start Award. Those who have not reached this standard must start in the water.
4. Entry fee, £4.00 per individual event. Remittances should be made payable to Nuneaton & Bedworth Swimming Club. Entry forms and fee should be sent to:

- a. **Mrs D M Reynolds, 214 St Nicolas Park Drive, Nuneaton, Warwickshire CV11 6EJ**
- b. **Email: spring10@deereynolds.com**

5. Official closing date, **Saturday, 27 February, 2010**. Nuneaton & Bedworth Swimming Club reserve the right to refuse an entry, or to close entries before this date should it be proved necessary.
6. Entry form attached. Photocopies will be accepted. Forms are also available on our website. Submitted times, for 25m pool only, should be shown for each event. It is the responsibility of all competing clubs to ensure that entry times are accurate.
7. This will be a cardless meet. No cards will be issued prior to the event; the programme of events will be posted on the Club's website (www.nun-bed-sc.co.uk). Please check this for accuracy.
8. Any corrections to entries, ie name, club or date of birth, etc, must be notified to Mrs Reynolds by Saturday, 14 March, 2009 (spring10@deereynolds.com). Corrections cannot be made on the day of the event.
9. In the event of entries not being accepted entry fees will be returned.
10. Subsequent amendments to entry times will not be permitted.
11. Over the top starts may be used.
12. Anything not covered in these Conditions will be at the discretion of the Promoters

PLEASE NOTE: No entries will be accepted without the appropriate fee.

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Competition Qualifying and Upper Limit Times

Level 2 Licensed Meet - Minimum Permitted Qualifying Times - Short Course Pool

BOYS

EVENT	9	10	11	12	13	14	15	16	17	OPEN
100m Freestyle			01:20.6	01:15.7	01:11.1	01:07.3	01:04.6	01:02.6	01:01.4	01:00.2
200m Freestyle	03:22.8	03:06.0	02:54.8	02:44.7	02:35.0	02:26.6	02:20.8	02:16.3	02:13.8	02:12.9
100m Breaststroke			01:43.4	01:36.9	01:30.1	01:25.1	01:21.0	01:18.4	01:16.7	01:15.0
200m Breaststroke	04:17.8	03:59.0	03:42.4	03:29.2	03:15.3	03:03.9	02:55.8	02:50.7	02:46.3	02:42.3
100m Butterfly			01:30.4	01:24.6	01:19.1	01:14.4	01:10.7	01:08.8	01:07.0	01:05.1
200m Butterfly	04:08.3	03:37.3	03:18.2	03:06.6	02:54.7	02:44.7	02:35.5	02:31.7	02:26.9	02:24.4
100m Backstroke			01:30.5	01:25.2	01:19.7	01:15.0	01:11.5	01:09.3	01:07.6	01:05.4
200m Backstroke	03:43.8	03:26.7	03:13.3	03:02.6	02:51.1	02:41.4	02:34.3	02:29.8	02:27.0	02:22.9
100m Individual Medley	01:47.4	01:39.6	01:33.9	01:28.7	01:23.1	01:18.1	01:14.7	01:11.8	01:10.3	01:07.7
200m Individual Medley	03:49.7	03:32.2	03:17.6	03:06.8	02:55.8	02:45.3	02:38.2	02:33.7	02:30.5	02:27.6

GIRLS

EVENT	9	10	11	12	13	14	15	16	17	OPEN
100m Freestyle		01:27.6	01:21.3	01:16.6	01:13.5	01:11.3	01:09.9	01:08.7	01:08.4	01:07.1
200m Freestyle	03:24.5	03:06.8	02:55.4	02:44.9	02:38.0	02:33.5	02:30.2	02:28.0	02:26.4	02:26.1
100m Breaststroke		01:52.5	01:43.5	01:37.3	01:32.3	01:28.7	01:27.1	01:26.2	01:24.9	01:23.2
200m Breaststroke	04:20.0	03:59.5	03:42.1	03:28.8	03:18.2	03:11.5	03:07.9	03:05.8	03:04.1	02:58.7
100m Butterfly		01:39.3	01:30.9	01:24.9	01:21.2	01:18.3	01:16.9	01:15.8	01:14.9	01:12.2
200m Butterfly	04:11.0	03:40.0	03:20.2	03:06.4	02:57.3	02:51.0	02:46.9	02:44.8	02:42.8	02:39.0
100m Backstroke		01:38.5	01:31.0	01:25.3	01:21.4	01:19.0	01:17.1	01:16.1	01:15.6	01:13.6
200m Backstroke	03:46.2	03:28.7	03:12.5	03:01.7	02:54.3	02:49.2	02:44.8	02:42.4	02:40.6	02:38.3
100m Individual Medley	01:48.8	01:38.5	01:34.2	01:29.1	01:24.9	01:22.6	01:20.9	01:19.4	01:18.9	01:16.5
200m Individual Medley	03:51.6	03:32.7	03:17.9	03:06.3	02:58.8	02:53.1	02:49.5	02:47.2	02:45.7	02:44.2

ASA age group entry conditions apply.

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COMPETITION ENTRY FORM

Name: _____ Date of Birth: _____

ASA Registration Number: _____ Age as at .28-Mar-10: _____

Address: _____ Male/Female _____

_____ Tel No: _____

_____ Club: _____

_____ Email: _____

Please submit Short Course time against all strokes entered:

ASA age group entry conditions apply.

Event	Entry Time	Event	Entry Time
Event 1 Boys 200m Freestyle		Event 10 Girls 200m Backstroke	
Event 2 Girls 100m Backstroke		Event 11 Boys 100m Freestyle	
Event 3 Boys 100m Breaststroke		Event 12 Girls 100m Butterfly	
Event 4 Girls 200m Butterfly		Event 13 Boys 200m Breaststroke	
Event 5 Boys 200m IM		Event 14 Girls 200m IM	
Event 6 Girls 100m Freestyle		Event 15 Boys 200m Butterfly	
Event 7 Boys 100m Butterfly		Event 16 Girls 200m Freestyle	
Event 8 Girls 200m Breaststroke		Event 17 boys 100m Backstroke	
Event 9 Boys 200m Backstroke		Event 18 Girls 100m Breaststroke	

Total number of events entered:- _____

Remittance of:- _____ (£4.00 per event) attached

Cheques should be made payable to **Nuneaton & Bedworth Swimming Club**

I declare that I am eligible to compete in this competition and that I accept the Promoter's conditions.

Signed _____

Signature of Coach/Club Secretary: _____

Entries to be sent to: Mrs D M Reynolds, 214 St Nicolas Park Drive, Nuneaton,
Warwickshire CV11 6EJ

Closing date for entries: Saturday, 27 February, 2010

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Saturday 27th & Sunday, 28th March 2010

72 Clovelly Way
Nuneaton
Warks
CV11 6YB
Tel: 024 7632 7979
Email fagreen@msn.com

Dear Official,

It is my pleasure to invite you to officiate at our Spring "Qualifying" Open Meet at the Pingles Pool, Nuneaton on Saturday, 27th and or Sunday, 28th March 2010. This is a Bagcat qualifying event with two sessions per day and targeted to finish at teatime.

Sessions 1 & 3: Warm-Up 9:00am, Start 10:00am
Sessions 2 & 4: Warm-Up 2:00pm, Start 3:00pm - Session 2 timing to be confirmed on day

If available please complete the form below and reply by the end of February. Send with your swimmers entry form or you can telephone or email me using the above number/email address.

Briefing (+ coffee/tea & biscuits) will be at 8:30am each day. Lunch is provided between sessions and travel expenses are available on request.

Yours in appreciation

Tony Green
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Name:	
Address:	
Tel. No:	Email:

Please identify your area of qualification below.

Timekeeper		Judge		Starter		Referee	
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Please tick which sessions you can attend.

Saturday 27-Mar	Session 1		Session 2	
Sunday 28-Mar	Session 3		Session 4	

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Summary Sheet

Total No. Of Entries		@ £4.00 each	£
1 Day Coaches Pass Saturday Including Refreshments		@ £15.00 each	£
1 Day Coaches Pass Sunday Including Refreshments		@ £15.00 each	£
2 Day Coaches Pass (weekend) Including Refreshments		@ £25.00 each	£
TOTAL			£

Please give names and CRB numbers of Coaches using passes over the weekend.

Coaches Passes cannot be purchased on the day of the Meet; you must buy them in advance

For administration purposes and return of rejected entries, please fill in contact details below:

Contact Name: _____ Club: _____

Address:

Post Code: _____ Tel No: _____

Email address: _____

I certify that all the above details are correct and that I will abide by the Promoter's conditions

Signed on behalf of all swimmers entered _____ Club official

Date _____

Return to: Mrs D M Reynolds, 214 St Nicolas Park Drive, Nuneaton, Warwickshire CV11 6EJ

Closing date for entries MIDNIGHT Saturday, 27 February, 2010

